

TIP 44 was developed to provide recommendations and best practice guidelines to counselors and administrators based on the research literature and the experience of seasoned treatment professionals. It covers the full range of criminal justice settings and all the phases through which an individual progresses in the criminal justice system. It addresses both clinical and programmatic areas of treatment.

Pregnant, Substance-Using Women

These guidelines are intended to stimulate a wide variety of service providers to participate in crafting a full continuum of family-oriented services for pregnant, substance-using women and their children. The guidance offered by these protocols is the result of research knowledge and the clinical experience of expert panel members. Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs The TIP emphasizes the importance of supportive services such as counseling, mental health and other medical services, and vocational rehabilitation in facilitating recovery for patients receiving medication-assisted treatment.

Substance Abuse Treatment for Persons with Co-Occurring Disorders provides information about new developments in the rapidly growing field of co-occurring substance use and mental disorders and captures the state of the art in the treatment of people with co-occurring disorders.

Group Models

Substance Abuse Treatment: Group Therapy describes five group models that are common in substance abuse treatment:

- Psycho educational groups-educate clients about substance abuse
- Skills development groups-cultivate the skills needed to attain and sustain abstinence
- Cognitive-behavioral groups-alter thoughts and actions that lead to substance abuse
- Support groups-buoy members and provide a forum to share pragmatic information about maintaining abstinence and managing day-to-day, chemical-free living
- Interpersonal process groups-delve into major developmental issues that contribute to addiction and can interfere with recovery

Employment

Integrating Substance Abuse Treatment and Vocational Services Employment has been positively correlated with retention in treatment. By holding a job, a client establishes a legal source of income, structured use of time, and improved self-esteem, which in turn may reduce substance use and criminal activity. Years of research show that the best predictors of successful substance abuse treatment are

- Gainful employment
- Adequate family support
- Lack of coexisting mental illness

Brief Interventions and Brief Therapies for Substance Abuse Treatment